

NJL Northern Mersey Div Round:1 RESULTS
Wigan, Robin Park Arena, Sun 25 April 2010

M 100m A

1	Jack Meredith	LVL	10.9
2	James Gladman	SHS	11.3
3	Gareth Jones	WIR	11.3
4	Sam Brough	U17 WGN	11.4
5	Stuart Dolman	LVP	11.6
6	Gareth Bennett	NWL	11.7
7	Mark Collier	BRD	12.2
8	Callum Ryan	U17 BBN	12.4

M 100m B

1	Oliver Back	LVL	11.1
2	Sam Landsborough	WIR	11.2
3	Matthew Storey	WGN	11.3
4	Adam Thomson	LVP	11.4
5	Owen Smith	U17 NWL	11.6
6	Adam Nicholls	SHS	12.1
7	Jack Vickery	U17 BBN	12.7

M 200m A

1	Oliver Back	LVL	22.4
2	James Gladman	SHS	22.5
3	Adan Forrest	WGN	22.6
4	Sam Landsborough	WIR	22.7
5	Stuart Dolman	LVP	23.4
6	Ian Roberts	NWL	24.0
7	Mark Collier	BRD	25.0
8	Callum Ryan	U17 BBN	25.7

M 200m B

1	James Williams	WIR	22.7
2	Sam Brough	U17 WGN	22.7
3	Liam Monaghan	BBN	23.6
4	Colin Hornby	LVL	23.8
5	Connor Leckerby	U17 NWL	24.9
6	Mike Stam	LVP	25.2

M 400m A

1	Adam Thomson	LVP	50.8
2	Adan Forrest	WGN	51.0
3	Daniel Yip	LVL	53.4
4	James Rich	NWL	53.4
5	Harry Earl	BRD	55.6
6	Max Jeffers	U17 WIR	58.0
7	Mohammed Moosa	BBN	59.2
8	Jamie Webb	U17 SHS	63.8

M 400m B

1	James Armstrong	LVL	51.7
2	Daniel Browitt	WGN	54.4
3	Mike Stam	LVP	55.7
4	William Poole	U17 NWL	56.1
5	A Mottershead-Smith	U17 BBN	60.3

M 800m A

1	James Blackburn	LVL	1.58.6
2	Matthew Grieve	BRD	1.59.3
3	Shaun Egan	WIR	2.00.4
4	Mike Bride	LVP	2.06.3
5	Jamie Webb	U17 SHS	2.09.5
6	William Sheridan	U17 NWL	2.10.7

M 800m B

1	Sean Kirkbride	U17 LVP	2.05.3
2	Ben Costello	U17 WIR	2.13.5
3	Jake Healey	SHS	2.19.6
4	Matt Benton	LVL	2.26.1
5	Jonathon Cooper	NWL	DISQ

M 1500m A

1	Toby Loveridge	LVP	4.10.9
2	Harry Earl	BRD	4.12.8
3	James Blackburn	LVL	4.27.6
4	Nick Jones	U17 WIR	4.32.4
5	Nathen Brown	U17 SHS	4.35.8
6	Zac Howe	U17 WGN	4.50.6

M 1500m B

1	Jai Vernon McGuigan	LVP	4.13.1
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M 3000m A

1	John Paul Seymour	WIR	9.26.1
2	Daniel Hyland	LVL	10.04.8
3	Danny Maynard	BBN	10.08.8

M 3000m B

1	Daniel McNiffe	LVL	10.08.0
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M 110mH A

1	Jack Meredith	LVL	14.0
2	Liam Monaghan	BBN	15.8

M 110mH B

No competitors

M 400mH A

1	Keir Lyon-Fraser	WGN	59.4
2	Ben Costello	U17 WIR	62.3
3	Gareth Thomas	U17 NWL	63.5
4	Kieran Monaghan	U17 BBN	64.5

M 400mH B

1	Daniel Burton	NWL	70.5
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M 2000m Sc A

1	Matthew Grieve	BRD	6.30.7
2	Shaun Egan	WIR	6.34.6

M 2000m Sc B

No competitors

M Discus Throw A
 1 Nick Miller BRD 34.86
 2 Michael Ashworth LVL 30.82
 3 Jack Vickery U17 BBN 24.29
 4 Danny Holloran U17 LVP 23.75
 5 Ryan Higginson U17 WIR 20.20
 6 Shaun Russell SHS 13.16

M Hammer Throw A
 1 Nick Miller BRD 50.38
 2 Michael Ashworth LVL 41.56
 3 Tom Johnson U17 LVP 36.19
 4 Jack Vickery U17 BBN 30.50
 5 James Rich NWL 14.87

M High Jump A
 1 Michael Hartley U17 LVL 1.90
 2 Billy Williams LVP 1.70
 3 William Poole U17 NWL 1.55

M Javelin Throw A
 1 Nick Miller BRD 49.53
 2 Ryan Higginson U17 WIR 44.28
 3 Joe Hambley U17 LVL 42.70
 4 Liam Monaghan BBN 32.10
 5 Tom Johnson U17 LVP 24.30
 6 Adan Forrest WGN 9.14

M Long Jump A
 1 Craig Jones LVL 6.48
 2 Oliver Stringer WGN 6.21
 3 Adam Nicholls SHS 5.57
 4 William Poole U17 NWL 5.33
 5 Mark Collier BRD 5.05
 6 A Mottershead-Smith U17 BBN 5.01

M Pole Vault A
 1 Ryan Murray LVL 2.80

M Shot Putt A
 1 Nick Miller BRD 10.56
 2 Michael Ashworth LVL 10.23
 3 Tom Johnson U17 LVP 9.25
 4 Callum Ryan U17 BBN 6.75

M Triple Jump A
 1 Dean Matthews LVP 13.26
 2 Alex Taylor LVL 12.71
 3 Adam Nicholls SHS 11.82
 4 Scott Jones U17 WGN 10.73
 5 Gareth Thomas U17 NWL 10.49

W 100m A
 1 Ellie Quirk LVL 12.9
 2 Chelsey Browbank U17 WGN 13.0
 3 Heather Drillingcourt SHS 13.1
 4 Sian Swanson NWL 13.6
 5 Laura McGoldrick U17 WIR 13.7
 6 Emma Park BRD 14.1

W 200m A
 1 Chelsey Browbank U17 WGN 26.0
 2 Ellie Quirk LVL 26.4
 3 Alex Foxworthy BRD 28.2
 4 Laura McGoldrick U17 WIR 29.0
 5 Eleanor Badhams U17 NWL 29.5
 6 Becky Shorrock BBN 30.8

M Discus Throw B
 1 Ryan Murray LVL 21.15
 2 Ryan McDowall BRD 20.06

M Hammer Throw B
 1 Ryan McDowall BRD 50.10

M High Jump B
 No competitors

M Javelin Throw B
 1 Jordan Kelly LVL 30.94
 2 Danny Maynard BBN 19.05
 3 Ryan McDowall BRD 18.80

M Long Jump B
 1 Jordan Kelly LVL 6.19
 2 Scott Jones U17 WGN 5.26
 3 Owen Smith U17 NWL 5.13
 4 Mohammed Moosa BBN 4.55
 5 Nathen Brown U17 SHS 4.50

M Pole Vault B
 No competitors

M Shot Putt B
 1 Ryan McDowall BRD 9.90

M Triple Jump B
 1 Ryan Murray LVL 10.49
 2 Connor Leckerby U17 NWL 10.47
 3 Keir Lyon-Fraser WGN 10.00

W 100m B
 1 Amy Forrester LVL 13.4
 2 Emma Roberts NWL 13.9
 3 Tiffany Dacre U17 WGN 13.9
 4 Jess Lea U17 WIR 14.0
 5 Nerea Bradbury U17 BRD 14.1
 6 Tricia Spark U17 SHS 14.2

W 200m B
 1 Micaela Brindle U17 WGN 26.4
 2 Amy Forrester LVL 27.2
 3 Rebecca Blacklock WIR 28.3
 4 Jacinta Davison U17 BBN 29.3
 5 Nerea Bradbury U17 BRD 29.7

W 400m A		W 400m B					
1	Jamie Foster	WGN	60.7	1	Zoe Woodward	LVL	60.6
2	Alex Foxworthy	BRD	63.8	2	Sarah Macdonald	U17 WGN	66.3
3	Emma Wakefield	LVL	64.4	3	Megan Searson	U17 BBN	70.2
4	Alice Fraser	NWL	65.2				
5	Becky Shorrocks	BBN	69.2				
W 800m A		W 800m B					
1	Rebecca Linney	LVL	2.15.4	1	Bethan Flynn	U17 LVL	2.25.4
2	April Stevenson	WGN	2.18.0	2	Jacinta Davison	U17 BBN	2.31.9
3	Rachel Leech	U17 BBN	2.27.4	3	Shannon Chilton	U17 NWL	2.41.0
4	Sian Messum	U17 NWL	2.36.6				
5	Toria Swift	LVP	2.41.4				
6	Sam Leahy	U17 WIR	2.42.3				
7	Rachel Wilcock	U17 SHS	3.00.4				
W 1500m A		W 1500m B					
1	Beckie Taylor	U17 BBN	5.00.5	1	Lisa Peters	NWL	5.33.2
2	Rebekah Atkinson	U17 WGN	5.04.4	2	Darah Darbyshire	U17 BBN	5.48.1
3	Katie Bowers	U17 LVL	5.22.4	3	Emily Atkins	U17 WIR	6.22.1
4	Laura Blackwell	U17 NWL	5.32.2				
5	Nicole Haviland	WIR	5.36.7				
W 3000m A		W 3000m B					
1	Hannah Whitside	LVL	10.49.7	1	Katherine Walker	U17 LVL	11.00.7
2	Carys Edwards	U17 NWL	13.26.0	2	Amanda Mountford	U17 NWL	13.51.9
3	Emily Atkins	U17 WIR	13.28.6				
W 100mH A		W 100mH B					
1	Katrina J-Thompson	LVL	14.5	1	Sophie Bell Morgan	LVL	16.9
2	Abby Edmundson	BBN	16.6				
W 400mH A		W 400mH B					
1	Sophie Bell Morgan	LVL	69.3	No competitors			
2	Abby Edmundson	BBN	69.6				
3	Natalie Bannister	U17 SHS	75.0				
4	Emma Park	BRD	76.1				
W 1500m Sc A		W 1500m Sc B					
No competitors		No competitors					
W Discus Throw A		W Discus Throw B					
1	Laura Baker	WGN	31.47	1	Zoe Woodward	LVL	22.59
2	Megan Searson	U17 BBN	25.95	2	Katy Barnard	U17 BRD	21.09
3	Suzanne Woodward	LVL	23.80	3	Leanne Bibby	U17 WGN	18.24
4	Sarah Hill	BRD	21.60	4	Hayley Nuthall	U17 NWL	18.21
5	Amy Crocombe	U17 NWL	20.42	5	Mariella Catton	WIR	15.19
6	Sam Leahy	U17 WIR	20.12				
7	Grace Stewart	LVP	15.27				
W Hammer Throw A		W Hammer Throw B					
1	Katy Barnard	U17 BRD	47.98	1	Sarah Hill	BRD	35.07
2	Suzanne Woodward	LVL	35.58	2	Jess Lea	U17 WIR	20.93
3	Megan Searson	U17 BBN	34.18	3	Jessica Wright	U17 LVL	18.92
4	Tricia Spark	U17 SHS	32.71	4	Beckie Taylor	U17 BBN	10.98
5	Ruth Doran	U17 LVP	28.24				
6	Eleanor Meehan	U17 WIR	20.09				
7	Tiffany Dacre	U17 WGN	4.69				
W High Jump A		W High Jump B					
1	Sian Swanson	NWL	1.55	1	Eleanor Badhams	U17 NWL	1.50
2	Anna Knowles	U17 WGN	1.55	2	Jade Bramhall	U17 WGN	1.50
3	Rebecca Blacklock	WIR	1.50	3	Amy Hughes	SHS	1.40
4	Sophie Rigby	U17 SHS	1.50				
5	Beth Hughes	U17 LVL	1.45				

W Javelin Throw A				W Javelin Throw B			
1	Liane Bibby	U17 WGN	35.34	1	Samantha Fraser	WGN	27.02
2	Eleanor Mehan	U17 WIR	24.19	2	Sam Leahy	WIR	23.62
3	Hayley Nuthall	U17 NWL	21.67	3	Suzanne Woodward	LVL	16.25
4	Anne Murphy	LVL	17.40	4	Emma Park	BRD	11.59
5	Grace Stewart	LVP	16.37	5	Lisa Peters	NWL	9.53
6	Alex Foxworthy	BRD	11.78				

W Long Jump A				W Long Jump B			
1	Micaela Brindle	U17 WGN	5.20	1	Rachel Williamson	U17 WGN	4.95
2	Sophie Rigby	U17 SHS	5.07	2	Heather Drillingcourt	SHS	4.60
3	Beth Hughes	U17 LVL	4.85	3	Christina Hughes	NWL	4.21
4	Eleanor Badhams	U17 NWL	4.72	4	Anne Murphy	LVL	3.63
5	Rebecca Blacklock	WIR	4.37	5	Nerea Bradbury	U17 BRD	3.29
6	Emma Park	BRD	3.75				
7	Grace Stewart	LVP	3.42				

W Pole Vault A				W Pole Vault B			
1	Rebecca Davies	U17 NWL	3.45	1	Christina Hughes	NWL	3.45

W Shot Putt A				W Shot Putt B			
1	Sophie Bell Morgan	LVL	8.84	1	Amy Crocombe	U17 NWL	7.23
2	Ruth Doran	U17 LVP	8.76	2	Sarah Hill	BRD	6.56
3	Katy Barnard	U17 BRD	8.60	3	Grace Stewart	LVP	6.43
4	Tricia Spark	U17 SHS	8.12	4	Jess Lea	U17 WIR	6.37
5	Mariella Catton	WIR	7.98	5	Jessica Wright	U17 LVL	4.51
6	Hayley Nuthall	U17 NWL	7.75				
7	Jade Bramhall	U17 WGN	7.48				
8	Becky Shorrocks	BBN	6.09				

W Triple Jump A				W Triple Jump B			
1	Katrina J-Thompson	LVL	12.49	1	Beth Hughes	U17 LVL	10.83
2	Abby Edmundson	BBN	10.94	2	Toria Swift	LVP	7.84
3	Rachel Williamson	U17 WGN	10.34	3	Sian Messum	U17 NWL	7.63
4	Alice Donnelly	U17 LVP	8.92				
5	Amy Crocombe	U17 NWL	8.46				

W 4x100m Relay							
1	LVL 51.8	1	Emma Wakefield	2	Amy Forrester		
		3	Sophie Bell Morgan	4	Ellie Quirk		
2	WGN 52.2	1	Tiffany Dacre	U17	2	Jade Bramhall	U17
		3	Chelsey Browbank	U17	4	April Stevenson	
3	SHS 54.2	1	Sophie Rigby	U17	2	Natalie Bannister	U17
		3	Amy Hughes		4	Tricia Spark	U17
4	WIR 54.9	1	Laura McGoldrick	U17	2	Rebecca Blacklock	
		3	Jess Lea	U17	4	Sam Leahy	U17
5	NWL 55.0	1	Emma Roberts		2	Sian Swanson	
		3	Amy Crocombe	U17	4	Eleanor Badhams	U17
6	BBN 55.7	1	Abby Edmundson		2	Becky Shorrocks	
		3	Rachel Leech	U17	4	Beckie Taylor	U17
7	BRD 56.6	1	Emma Park		2	Alex Foxworthy	
		3	Nerea Bradbury	U17	4	Katy Barnard	U17

W 4x400m Relay							
1	LVL 4.18.5	1	Zoe Woodward	2	Catherine Walker	U17	
		3	Hannah Whiteside	U17	4	Emma Wakefield	
2	WGN 4.25.0	1	Micaela Brindle	U17	2	Tiffany Dacre	U17
		3	Rebekah Atkinson	U17	4	April Stevenson	
3	BBN 4.33.8	1	Abby Edmundson		2	Beckie Taylor	U17
		3	Jacinta Davison	U17	4	Becky Shorrocks	
4	NWL 4.40.0	1	Sian Messum	U17	2	Alice Fraser	
		3	Lisa Peters		4	Shannon Chilton	U17
5	WIR 4.41.4	1	Laura McGoldrick	U17	2	Rebecca Blacklock	
		3	Mariella Catton		4	Nicole Haviland	

M 4x100m Relay			
1 LVL 44.1	1 Craig Jones		2 Oliver Back
	3 Alex Taylor		4 Jack Meredith
2 WIR 44.5	1 James Williams		2 Gareth Jones
	3 Stephen McKeown	U17	4 Sam Landsborough
3 WGN 47.4	1 Ben Hepplestone		2 Sam Brough
	3 Matthew Storey		4 Adan Forrest
4 BBN 48.4	1 Mohammed Moosa		2 Jack Vickery
	3 Callum Ryan	U17	4 Liam Monaghan
5 LVP 48.8	1 Stuart Dolman		2 Adam Thomson
	3 Mike Stam		4 Mike Bride

M 4x400m Relay			
1 LVL 3.34.1	1 Daniel Yip		2 Colin Hornby
	3 James Armstrong		4 James Blackburn
2 LVP 3.37.5	1 Mike Bride		2 Toby Loveridge
	3 Stuart Dolman		4 Adam Thomson
3 NWL 3.52.8	1 Connor Leckerby	U17	2 Gareth Thomas
	3 James Rich		4 William Poole
4 WIR 3.54.4	1 Max Jeffers	U17	2 Shaun Egan
	3 Gareth Jones		4 Nick Jones
5 BBN 4.04.6	1 Kieran Monaghan		2 A Mottershead-Smith
	3 Danny Maynard		4 Mohammed Moosa

MATCH RESULT		LEAGUE STANDINGS			
	Event	Lge		Event	Lge
1	LVL 529	8	1 Liverpool Harriers & AC	529	8
2	WGN 315	7	2 Wigan, Horwich & D. H	315	7
3	NWL 312	6	3 North Wales	312	6
4	WIR 277	5	4 Wirral AC	277	5
5	BBN 260	4	5 Blackburn Harriers	260	4
6	BRD 258	3	6 Border Harriers	258	3
7	LVP 227	2	7 Liverpool Pemb & Sefton H	227	2
8	SHS 166	1	8 St. Helens Sutton AC	166	1

Athlete of the Match:

Jack Meredith, Liverpool Harriers, 110m Hurdles 14.0s
 Katrina Johnson-Thompson, Liverpool harriers, Triple Jump 12.49m

General Comment: No competitors M 110mH B, No competitors M High Jump B, No competitors M P

Note(s)

BBN Includes + 35pts, Officials Points
 BRD Includes + 25pts, Officials Points
 LVL Includes + 35pts, Officials Points
 LVP Includes + 35pts, Officials Points
 NWL Includes + 25pts, Officials Points
 SHS Includes + 25pts, Officials Points
 WGN Includes + 35pts, Officials Points
 WIR Includes + 35pts, Officials Points

NJL Northern Mersey Div Round:1 GUEST RESULTS Wigan, Robin Park Arena, Sun 25 April

M 200m		M 100m	
1 Jonathon Cooper	NWL 23.7	1 Jonathon Cooper	NWL 11.8
2 James Rich	NWL 24.3	2 Ian Roberts	NWL 11.8
3 Owen Smith	U17 NWL 24.3	3 Shaun Russell	U17 NWL 12.7
4 Ben Hepplestone	WGN 24.8		
5 Stephen McKeown	U17 WIR 25.1		
6 Shaun Russell	U17 NWL 25.7		

W Pole Vault		M 400m	
1 Lucy Roulston	NWL 3.00	1 Connor Leckby	U17 NWL 55.4

M 4x100m Relay	
1 Jonathon Cooper	NWL 46.9

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Team	BBN	BRD	LVL	LVP	NWL	SHS	WGN	WIR					
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot		
M 100m	A	3	4	11	6	5	9	7	8	53	0	53	
	B	2	0	9	5	4	3	6	7	36	1	37	
Cumulative		5	4	20	11	9	12	13	15	89	1	90	
M 200m	A	3	4	11	6	5	9	8	7	53	0	53	
	B	6	0	5	3	4	0	7	9	34	3	37	
Cumulative		14	8	36	20	18	21	28	31	176	4	180	
M 400m	A	4	6	8	11	7	3	9	5	53	0	53	
	B	4	0	9	6	5	0	7	0	31	6	37	
Cumulative		22	14	53	37	30	24	44	36	260	10	270	
M 800m	A	0	9	11	7	5	6	0	8	46	7	53	
	B	0	0	5	9	0	6	0	7	27	10	37	
Cumulative		22	23	69	53	35	36	44	51	333	27	360	
M 1500m	A	0	9	8	11	0	6	5	7	46	7	53	
	B	0	0	0	9	0	0	0	0	9	28	37	
Cumulative		22	32	77	73	35	42	49	58	388	62	450	
M 3000m	A	8	0	9	0	0	0	0	11	28	25	53	
	B	0	0	9	0	0	0	0	0	9	28	37	
Cumulative		30	32	95	73	35	42	49	69	425	115	540	
M 110mH	A	9	0	11	0	0	0	0	0	20	33	53	
	B	0	0	0	0	0	0	0	0	0	37	37	
Cumulative		39	32	106	73	35	42	49	69	445	185	630	
M 400mH	A	7	0	0	0	8	0	11	9	35	18	53	
	B	0	0	0	0	9	0	0	0	9	28	37	
Cumulative		46	32	106	73	52	42	60	78	489	231	720	
M 2000Sc	A	0	11	0	0	0	0	0	9	20	33	53	
	B	0	0	0	0	0	0	0	0	0	37	37	
Cumulative		46	43	106	73	52	42	60	87	509	301	810	
M DT	A	8	11	9	7	0	5	0	6	46	7	53	
	B	0	7	9	0	0	0	0	0	16	21	37	
Cumulative		54	61	124	80	52	47	60	93	571	329	900	
M HT	A	7	11	9	8	6	0	0	0	41	12	53	
	B	0	9	0	0	0	0	0	0	9	28	37	
Cumulative		61	81	133	88	58	47	60	93	621	369	990	

Team	BBN	BRD	LVL	LVP	NWL	SHS	WGN	WIR	POINTS			
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot	

M HJ	A	0	0	11	9	8	0	0	0	28	25	53
	B	0	0	0	0	0	0	0	0	0	37	37
Cumulative		61	81	144	97	66	47	60	93	649	431	1080

M JT	A	7	11	8	6	0	0	5	9	46	7	53
	B	7	6	9	0	0	0	0	0	22	15	37
Cumulative		75	98	161	103	66	47	65	102	717	453	1170

M LJ	A	5	6	11	0	7	8	9	0	46	7	53
	B	5	0	9	0	6	4	7	0	31	6	37
Cumulative		85	104	181	103	79	59	81	102	794	466	1260

M PV	A	0	0	11	0	0	0	0	0	11	42	53
	B	0	0	0	0	0	0	0	0	0	37	37
Cumulative		85	104	192	103	79	59	81	102	805	545	1350

M SP	A	7	11	9	8	0	0	0	0	35	18	53
	B	0	9	0	0	0	0	0	0	9	28	37
Cumulative		92	124	201	111	79	59	81	102	849	591	1440

M TJ	A	0	0	9	11	6	8	7	0	41	12	53
	B	0	0	9	0	7	0	6	0	22	15	37
Cumulative		92	124	219	122	92	67	94	102	912	618	1530

W 100m	A	0	5	11	0	7	8	9	6	46	7	53
	B	0	4	9	0	7	3	6	5	34	3	37
Cumulative		92	133	239	122	106	78	109	113	992	628	1620

W 200m	A	5	8	9	0	6	0	11	7	46	7	53
	B	5	4	7	0	0	0	9	6	31	6	37
Cumulative		102	145	255	122	112	78	129	126	1069	641	1710

W 400m	A	6	9	8	0	7	0	11	0	41	12	53
	B	6	0	9	0	0	0	7	0	22	15	37
Cumulative		114	154	272	122	119	78	147	126	1132	668	1800

W 800m	A	8	0	11	6	7	4	9	5	50	3	53
	B	7	0	9	0	6	0	0	0	22	15	37
Cumulative		129	154	292	128	132	82	156	131	1204	686	1890

W 1500m	A	11	0	8	0	7	0	9	6	41	12	53
	B	7	0	0	0	9	0	0	6	22	15	37
Cumulative		147	154	300	128	148	82	165	143	1267	713	1980

W 3000m	A	0	0	11	0	9	0	0	8	28	25	53
	B	0	0	9	0	7	0	0	0	16	21	37
Cumulative		147	154	320	128	164	82	165	151	1311	759	2070

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Team	BBN	BRD	LVL	LVP	NWL	SHS	WGN	WIR					
No's	1 11	2 22	3 33	4 44	5 55	6 66	7 77	8 88	Used	Waste	Tot		

W 100mH	A	9	0	11	0	0	0	0	20	33	53		
	B	0	0	9	0	0	0	0	9	28	37		
Cumulative		156	154	340	128	164	82	165	151	1340	820	2160	

W 400mH	A	9	7	11	0	0	8	0	35	18	53		
	B	0	0	0	0	0	0	0	0	37	37		
Cumulative		165	161	351	128	164	90	165	151	1375	875	2250	

W 1500Sc	A	0	0	0	0	0	0	0	0	53	53		
	B	0	0	0	0	0	0	0	0	37	37		
Cumulative		165	161	351	128	164	90	165	151	1375	965	2340	

W DT	A	9	7	8	4	6	0	11	5	50	3	53	
	B	0	7	9	0	5	0	6	4	31	6	37	
Cumulative		174	175	368	132	175	90	182	160	1456	974	2430	

W HT	A	8	11	9	6	0	7	4	5	50	3	53	
	B	5	9	6	0	0	0	0	7	27	10	37	
Cumulative		187	195	383	138	175	97	186	172	1533	987	2520	

W HJ	A	0	0	6	0	11	7	9	8	41	12	53	
	B	0	0	0	0	9	6	7	0	22	15	37	
Cumulative		187	195	389	138	195	110	202	180	1596	1014	2610	

W JT	A	0	5	7	6	8	0	11	9	46	7	53	
	B	0	5	6	0	4	0	9	7	31	6	37	
Cumulative		187	205	402	144	207	110	222	196	1673	1027	2700	

W LJ	A	0	5	8	4	7	9	11	6	50	3	53	
	B	0	4	5	0	6	7	9	0	31	6	37	
Cumulative		187	214	415	148	220	126	242	202	1754	1036	2790	

W PV	A	0	0	0	0	11	0	0	0	11	42	53	
	B	0	0	0	0	9	0	0	0	9	28	37	
Cumulative		187	214	415	148	240	126	242	202	1774	1106	2880	

W SP	A	3	8	11	9	5	7	4	6	53	0	53	
	B	0	7	4	6	9	0	0	5	31	6	37	
Cumulative		190	229	430	163	254	133	246	213	1858	1112	2970	

W TJ	A	9	0	11	7	6	0	8	0	41	12	53	
	B	0	0	9	7	6	0	0	0	22	15	37	
Cumulative		199	229	450	177	266	133	254	213	1921	1139	3060	

W 4x1		5	4	11	0	6	8	9	7	50	3	53	
Cumulative		204	233	461	177	272	141	263	220	1971	1142	3113	

W 4x4		8	0	11	0	7	0	9	6	41	12	53	
Cumulative		212	233	472	177	279	141	272	226	2012	1154	3166	

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|          Team| BBN | BRD | LVL | LVP | NWL | SHS | WGN | WIR |          POINTS |
|          No's| 1 11| 2 22| 3 33| 4 44| 5 55| 6 66| 7 77| 8 88|Used Waste Tot| | |
|---|---|---|---|---|---|---|---|---|---|---|---|
|M 4x1      |    7|    0|   11|    6|    0|    0|    8|    9|  41|  12|  53|
|Cumulative| 219| 233| 483| 183| 279| 141| 280| 235|2053|1166|3219|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|M 4x4      |    6|    0|   11|    9|    8|    0|    0|    7|  41|  12|  53|
|Cumulative| 225| 233| 494| 192| 287| 141| 280| 242|2094|1178|3272|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|          Add| 35| 25| 35| 35| 25| 25| 35| 35|    0|    0|    0|
| subtract|    0|    0|    0|    0|    0|    0|    0|    0|    0|    0|    0|
|Cumulative| 260| 258| 529| 227| 312| 166| 315| 277|2094|1178|3272|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
|          TOTALS| 260| 258| 529| 227| 312| 166| 315| 277|2094|1178|3272|
|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
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Pos	Team	Points	Add	Sub	Total
1	Liverpool Harriers & AC	494	35	0	529
2	Wigan, Horwich & D. H	280	35	0	315
3	North Wales	287	25	0	312
4	Wirral AC	242	35	0	277
5	Blackburn Harriers	225	35	0	260
6	Border Harriers	233	25	0	258
7	Liverpool Pemb & Sefton H	192	35	0	227
8	St. Helens Sutton AC	141	25	0	166

Used + add - sub = total	2094	250	0	2344
Unused points	1178			1178
(Used+unused)+add-sub=total	3272	250	0	3522

Team	1st	2nd	3rd	4th	5th	6th	7th	8th	1st	2nd	3rd	4th	5th	6th	7th	8th
LVL A	18	7	7	1	1	0	0	0	B 14	1	2	3	1	0	0	0
WGN A	6	8	3	2	0	2	2	0	B 3	5	4	0	0	0	0	0
NWL A	2	1	4	8	6	4	0	0	B 5	3	4	2	3	0	0	0
WIR A	1	5	4	5	6	4	0	0	B 1	4	2	2	1	0	0	0
BBN A	1	5	5	5	2	3	1	3	B 0	3	2	3	1	0	1	0
BRD A	6	3	2	2	2	3	3	0	B 3	3	1	1	3	0	0	0
LVP A	3	3	2	3	7	0	2	0	B 2	1	2	1	0	1	0	0
SHS A	0	3	5	3	2	1	1	1	B 0	1	2	0	1	2	0	0

Men	Event	Women	Event
1	Liverpool Harriers & AC	1	Liverpool Harriers & AC
2	Liverpool Pemb & Sefton H	2	North Wales
3	Border Harriers	3	Wigan, Horwich & D. H
4	Wirral AC	4	Wirral AC
5	Blackburn Harriers	5	Blackburn Harriers
6	Wigan, Horwich & D. H	6	Border Harriers
7	North Wales	7	St. Helens Sutton AC
8	St. Helens Sutton AC	8	Liverpool Pemb & Sefton H